

Living in the desert

Day 4 - Holiday Club 2020

The Story (from Exodus 16; 17:1-7)

The people of Israel were travelling across a hot, dusty desert to the new home God had promised them. "We're hungry," everybody complained to Moses. "Our tummies are rumbling. If we don't get some food soon, we will all die. We always had enough to eat in Egypt."

"The people are unhappy," Moses told God.

"I will make sure they have enough to eat," God promised. "in the mornings, they will find food on the ground. Tell everybody to collect some and eat it. In the evenings, I will send some birds they can cook for supper."

"God will provide everything we need," Moses told the people.

In the mornings, the ground was covered with white flakes. They tasted like honey biscuits.

"Mmm, delicious," everyone said.

In the evenings, God sent meat for supper. That was good, too. God always provided enough food and water.

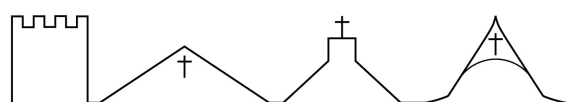
The Activity

We get most of our food from supermarkets or we might even grow some ourselves, but we can find food in the world around us, all we have to do is look.

Why not try foraging for some edible things in the woods or fields around town. You may already know what's good to eat (blackberries are good this time of year) but if you don't you can visit the blog below which has 6 things that are in season this month.



<https://www.woodlandtrust.org.uk/blog/2017/08/foraging-in-august/>



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Reflection questions

Have you ever been really hungry? What did you do?

What's the strangest thing you've ever eaten?

Can you see any connections with Jesus' life in this story?

The Prayer

Dear God, thank you that you fed your people when they were hungry. Please help those who are hungry today and show me how I can help them too. Amen